

Dance – Guidelines for Support Material

If you need support with your application, we are here to help! Send any questions to scholarship@nstalenttrust.ns.ca or book an appointment at the link below.

[CLICK HERE TO BOOK AN APPOINTMENT FOR HELP WITH YOUR APPLICATION](#)

Who may apply?

- Applicants who demonstrate the commitment to pursue a career in dance and who are not yet established in their field.

Written support material: Submit in PDF format whenever possible

- [Artist Statement](#)
 - Artist Statements can be submitted in written or video format, whichever you feel represents you best. (If choosing the video option, please merge with any other supporting videos).
- [Budget](#), as directed in the online application.
- [Artist Resume](#)
- Index listing the order and length of all video segments. Please include as much detail as you see fit, e.g. a short description setting the context for the work

Video:

- Applicants for Choreography **must** upload 1 video that represents the best of their performance ability.
- If applicant is applying for both deadlines (March 1st and May 1st) then a new introduction and one new piece of content should be added to the applicant's video for the May 1st deadline. If this is not possible, please include a written or video statement why.

- If needed, video equipment can be rented at these locations:
 - Halifax Central Library FREE media studio bookings: <https://www.halifaxpubliclibraries.ca/library-spaces/book-a-space/media-studio/>
 - Atlantic Filmmaker Cooperative <https://afcoop.ca/equipment-facilities/rental-rates/>
 - Centre For Art Tapes (CFAT) <https://www.cfat.ca/production/>
 - Long & McQuade <https://www.long-mcquade.com/rentals/main/>

How should your video be shot and submitted?

- **Film your video in landscape.**
- Only 1 video link is to be submitted. Please merge all required parts into 1 video. **If you need help with this, please get in touch with us!**
- Use the highest quality lighting, resolution, and sound recording possible.
- Do not cut off your head or your feet.
- Use a neutral background. Do NOT film into mirrors.
- Include full body movement; use long shots as well as close-ups.
- Limit total number of performers to no more than 6. Clearly identify yourself and all others.
- Provide a YouTube or Vimeo link to your video in your application.
- Include the date completed/recorded for all support materials. **All submissions of work must be from the 12-month time period prior to the application date.** If your materials predate this timeframe, please explain why.
- **Ensure the total run time should not exceed 10 minutes.**

What should be included in the video?

HIP HOP, FOLK, INDIGENOUS, BELLY DANCING, etc:

- PART 1: Spoken introduction at the beginning in a head and shoulders shot.
- PART 2: Solo dance performance (1-3 minutes).
- PART 3: Improvisation (2-3 minutes).
- PART 4: Sequence of movements across the floor that demonstrates turning, jumping, and, if appropriate, use of the floor (30 seconds-1 minute).
- PART 5: A composed sequence of movements that demonstrate alignment, flexibility, and strength OR demonstrate the range of your skills in this genre (30 seconds-1 minute).

MODERN, JAZZ, etc:

- PART 1: Spoken introduction at the beginning in a head and shoulders shot.
- PART 2: Solo dance performance (1-3 minutes).
- PART 3: Improvisation (2-3 minutes).
- PART 4: Sequence of movements across the floor that demonstrates turning, jumping, and, if appropriate, use of the floor (30 seconds-1 minute).
- PART 5: Presentation standing at the barre or centre, showing a composed sequence of movements that demonstrate alignment, flexibility, and strength (30 seconds-1 minute).

BALLET:

- PART 1: Spoken introduction at the beginning in a head and shoulders shot.
- PART 2: Solo dance performance (2-3 minutes).

- PART 3: Improvisation (2-3 minutes). Can be a style other than ballet. Please change into a different outfit if it isn't ballet.
- PART 4: Sequence of movements across the floor that demonstrate turning, jumping, and, if appropriate, use of the floor (30 seconds-1 minute).
- PART 5: Presentation standing at the barre or centre, showing a composed sequence of movements that demonstrate alignment, flexibility, and strength (30 seconds-1 minute).

If you have a performance that demonstrates the skills outlined above, it is not necessary to record in separate parts. Please include an index highlighting the skills demonstrated throughout your performance and note the timestamp for each.

By following these guidelines, you will ensure you provide submissions that clearly demonstrate ability and potential and relate directly to the program proposed in the application. Ask your teacher/mentor for guidance. For more clarification or for support, contact us at scholarship@nstalenttrust.ns.ca. To book a time to get help with your scholarship application, please fill out the form [HERE](#).