



Dance – Guidelines for Support Material

Who may apply?

- Applicants who demonstrate the commitment to pursue a career in dance and who are not yet established in their field.

Video:

- Applicants for Dance **must** upload 1 video that represents the best of their performance ability.
- If applicant is applying for both deadlines (March 1st and May 1st) then a new introduction and one new piece of content must be added to the applicant’s video for the May 1st deadline.
- If needed, video equipment can be rented at these locations:
 - Atlantic Filmmaker Cooperative <https://afcoop.ca/equipment-facilities/rental-rates/>
 - Centre For Art Tapes (CFAT) <https://www.cfat.ca/production/>
 - Long & McQuade <https://www.long-mcquade.com/rentals/main/>

Written support material:

- [Artist statement](#) (max. 500 words).
- Budget, as directed in the online application.
- [Artist résumé](#) (usually 1 page long, in PDF format).
- Index listing must include the order and length of all video segments, date of performances, composer and choreographer info. In addition, please include as much detail as you see fit, e.g. a short description setting the context for the work (PDF format).

How should the video be shot and submitted?

- **Only 1 video link is to be submitted. Please merge all required parts into 1 video.**
- Use the highest quality lighting.
- Use the highest quality sound recording.
- Do not cut off your head or your feet.
- Film your video in landscape.
- Use a **neutral background**. Do **NOT** film into mirrors.
- Include full body movement; use long shots as well as close-ups.
- Have a different outfit for improve performance and ballet performance.
- Be sure the excerpts or short works you’ve picked for Parts 1-4 demonstrate the full range of styles of which you are capable.
- Limit total number of performers to no more than 6. Clearly identify yourself and all others.
- Ensure dancers wear leotards (not skirts) for Parts 2, 3, and 4. If possible, dancers should not wear eyeglasses.
- Provide a YouTube or Vimeo link to your video in your application.
- Include the date that all works were completed/recorded. **All submissions of work must be from the 12-month time period prior to the application date.** If your materials predate this timeframe, please explain why.
- **Ensure the total run time does not exceed 10 minutes.**

MODERN, JAZZ, etc. dance applicants: You must include the following elements in your video:

- PART 1: Spoken introduction at the beginning in a head and shoulders shot.
- PART 2: Solo dance performance (1-3 minutes).
- PART 3: Improvisation (2-3 minutes).
- PART 4: Sequence of movements across the floor that demonstrates turning, jumping, and, if appropriate, use of the floor (30 seconds-1 minute).
- PART 5: Presentation standing at the barre or centre, showing a composed sequence of movements that demonstrate alignment, flexibility, and strength (30 seconds-1 minute).

BALLET dance applicants: You must include the following elements in your video:

- PART 1: Spoken introduction at the beginning in a head and shoulders shot.

- PART 2: Solo dance performance (2-3 minutes).
- PART 3: Improvisation (2-3 minutes). Can be a style other than ballet. Please change into a different outfit if it isn't ballet
- PART 4: Sequence of movements across the floor that demonstrate turning, jumping, and, if appropriate, use of the floor (30 seconds-1 minute).
- PART 5: Presentation standing at the barre or centre, showing a composed sequence of movements that demonstrate alignment, flexibility, and strength (30 seconds-1 minute).

By following these guidelines, you will ensure you provide submissions that clearly demonstrate ability and potential, and relate directly to the program proposed in the application. Ask your teacher/mentor for guidance. For more information or clarification, contact NSTT's Scholarship Program Coordinator at scholarship@nstalenttrust.ns.ca.